

Allotment Volunteer

Support the operation and delivery of a therapeutic gardening activity for homeless and vulnerable people.

Main responsibility:

To support individuals at a personalised level to help gradually increase their confidence and ability to enjoy engaging with nature and become happier and healthier.

Potential tasks (some but not all):

- Meeting new participants at Heron Foods at 9.30. Welcoming them and bringing them to the bottom gate to meet Harry for 9:45.
- Supervising toilet runs.
- Taking a turn in letting in latecomers at the gate.
- At 1pm, walking the group down to the bottom gate and then return the fob back up to the allotment.
- Watering mid-week and checking on the plot.
- Hosting business groups to garden on the plot.
- Help with practical aspects of gardening activities, guiding clients and reassuring them with new and unknown activities.
- Facilitate the social side of the activities, making sure no-one is left out.
- Maintain records of your communications and their outcomes.
- Report any concerns to the paid staff.
- Maintain strict confidentiality.
- ... And doing some gardening yourself!

Skills:

- No special qualifications or experience needed.
- Confidence to ask questions if you don't know (i.e. what's a plant and what's a weed)
- Flexibility
- Approachable, relatable, reliable, trusting, understanding.
- A friendly personality with time to listen and respond to individual needs
- Empathy, friendly, non-judgemental
- You should be enthusiastic about the benefits of outdoor environments and have an interest in nature, although you don't have to be an expert.
- You will have to have a DBS check.
- It is likely that contact details will be stored online, so you may also need internet access and some IT skills



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Location:

Hungerhill Allotments, St Ann's

Time slot:

We expect this to be a couple of hours a week.

Support offered:

You will be given induction and initial training. You will receive ongoing training and peer support at regular volunteer meetings with other buddies.

What you could get out of it:

- Mixing with people and developing interpersonal skills
- Feel part of making a meaningful difference to someone who needs your support
- Gain experience in the social care sector or environmental sector.

Other relevant information

There are further roles available to support monthly walks and art sessions.

What to do if you're interested:

Email paylor@emmanuelhouse.org.uk



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